



HypnoBirthing®--the Mongan Method

Karin Steyn

Counselling Psychologist and HypnoBirthing Practitioner

PS 0091839; PR 0860 000 186 279

082 902 6042

Houghton & Auckland Park, JHB

Course Enrollment

Mother's Name & ID

Mailing Address

Preferred phone

Medical Aid

Preferred email

Medical Aid No

Birthing Companion (spouse, partner, etc.)

Relationship

Birthing Assistant

Relationship (doula, friend, etc.)

Care Provider Name & Title

City

Birthing Facility

City

When is baby expected?

How many weeks pregnant will you be when you begin classes?

I wish to enroll for the HypnoBirthing® class beginning (date): _____

Location: _____

Tuition fee: *Group Classes R350 per class x5 – TOTAL R1750*

Individual Classes R600 per class x5 – TOTAL R3000

(Fee excludes textbook, audio practice CD, and handouts @ R350.)

Enrollment Agreement

The HypnoBirthing® Institute may contact you for quality assurance and research purposes. If you consent to be contacted now, please note that you are free to change your mind at any time. Be assured that we will not share your personal identifying information with anyone outside the HypnoBirthing® Institute for any purpose. Thank you for your help in collecting data to support the growth of HypnoBirthing®.

I do _____ I do not _____ agree to be contacted by the HypnoBirthing® Institute.

I hereby state that I am enrolling in the *HypnoBirthing®* class of my own free will and with the understanding that this is a program designed to teach me to use my own natural abilities to bring my mind and my body into a state of relaxation. I further understand that the content of these classes is in no way intended to be represented as medical advice nor as a prescription for medical procedure. I am aware that I should seek the advice of a health-care provider to answer any health-related or pregnancy-related issues surrounding my pregnancy, my labor, or my birth.

I therefore agree that I will in no way hold the instructor of the *HypnoBirthing®* classes, or the *HypnoBirthing Institute®*, its owner, or its representatives responsible for any special circumstances that could arise as a result of my pregnancy, my labor, or the birth of my child; and I agree that neither I nor any member of my family will make any claim or initiate any suit against any of the above-named parties now or at any time in the future.

Mother's Signature

Date